Your book title: ________________________________________________________________

Copy from syllabus:
Case Study, Part 1: Person-in-environment: the consequences of multiple oppressions for individual well-being

**Reading(s)**

*I provide the reading(s) associated with each course objective as a foundation for your co-creation of the course, including (a) your case study and further exploration of your book individually and (b) the design of learning activities in your field of practice learning community.*

Copy from syllabus:
Reading #1: *Understanding the link between multiple oppressions and depression among African American women: The role of internalization*

The Reading(s) notes on the reading should be a minimum of 2-3 pages per reading.

<table>
<thead>
<tr>
<th>Notes from the reading</th>
<th>Application to your book</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>For these notes</strong></td>
<td></td>
</tr>
<tr>
<td>- Write key notes on the general topic of the article. For example for this case study, look at how the reading discusses or implies the larger issue of oppression and the implications for <em>individual</em> well-being in general.</td>
<td></td>
</tr>
<tr>
<td>- List key elements.</td>
<td></td>
</tr>
<tr>
<td>- Copy and paste key passages or summarize them. Include source page number(s).</td>
<td>Critically identify how the general concept in the reading is found or suggested in your book specific to the lived experiences of people within your field of practice (e.g. immigration).</td>
</tr>
<tr>
<td></td>
<td>- Give your own interpretation.</td>
</tr>
<tr>
<td></td>
<td>- Provide details.</td>
</tr>
<tr>
<td></td>
<td>- Copy and paste key passages or summarize them. Include source page number(s).</td>
</tr>
</tbody>
</table>

*Do this section on the last page of your Readings Notes.*

**Summary:**

What you want to explore further related to your field of practice based on your interests:
Your Further Exploration of Case Study: Part 1

This is a key activity in which you will be exploring your own interests and identifying your own sources as part of your co-creation of the course.

- topics: for example, things that you want to learn more about, relevant theories, ways of thinking on the current case study topic that you think are being left out in the discourse but that should be included, things that resonate with your own lived experience, etc.
- actors who should be included: for example, communities that are not usually consulted but you think should be, etc.
- sources: relevant organizations, such as e.g., social service agencies, policy institutes, professional associations, community organizations, government sources, news sources, etc.
- types of sources: interviews, stories, videos, art, reports, tool kits, scholarly articles, newspaper articles and other news stories, a resource for clients, a resource for social workers, etc.

Area explored (can expand on or your original idea in your Case Study notes):

Source(s) and Internet Link (if this is a PDF, save a copy).

The notes from your further exploration should be a minimum of 2 pages

Summary of overall case study and critical reflections

Reminder: draw on the critical thinking prompts. Be sure to include your personal reflections (consider how your awareness of self* and/or background informs/motivates your understanding or reactions to what you learned in this case study).

*Self-awareness refers to tuning in to “one’s thoughts (including perspectives, perceptions and beliefs), feelings, physical sensations, behaviours, strengths, limitations, likes and dislikes, and one’s self in relation to different environments and others” (Self-awareness and vulnerability, New Zealand Law Society).