

# Natural Connections: Embodying Relationship with the Environment

## Suggested Readings

Compiled by Leah Prussia, DSW, Associate Professor, College of St. Scholastica

Links provided to abstracts and full-texts when available.

Council on Social Work Education. (2020). [Curricular guide for environmental justice](#). 2015 EPAS Curricular Guide Resource Series.

Erickson, C. L. (2018). [Environmental justice as social work practice](#). Oxford University Press.

Johnston, B. (2004). [Honour earth mother](#). University of Nebraska Press.

Jordan, J. V. (2001). [A relational-cultural model: Healing through mutual empathy](#). *Bulletin of the Menninger Clinic*, 65(1), 92-103. doi:10.1521/bumc.65.1.92.1870

Kimmerer, R. W. (2013). [Braiding sweetgrass: Indigenous wisdom, scientific knowledge, and the teachings of plants](#). Milkweed Editions.

Levine, P. A. (2010). [In an unspoken voice: How the body releases trauma and restores goodness](#). North Atlantic Books.

Louv, R. (2008). [Last child in the woods: Saving our children from nature-deficit disorder](#). Workman Publishing Company.

Miller, J. B. (1986). [What do we mean by relationships?](#) Unpublished manuscript, Jean Baker Miller Training Institute at the Wellesley Centers for Women, Wellesley College, Wellesley, Massachusetts. Retrieved from

Nesmith, A.A., Schmitz, C.L., Machado-Escudero, Y., Billiot, S., Forbes, R.A., Powers, M.C.F., Buckhoy, N., Lawrence, L.A., & Sloan, L.M. (Contributor). (2020). [The intersection of environmental justice, climate change, community, and the ecology of life](#). Springer.

Porges, S. W. (1995). [Orienting in a defensive world: Mammalian modifications of our evolutionary heritage. A polyvagal theory](#). *Psychophysiology*, 32(4), 301-318.

Powers, M. & Rinkel, M. (Eds.). (2018). [Social work promoting community and environmental sustainability: A workbook for social work practitioners and educators \(Vol.2\)](#). International Federation of Social Workers.

Prussia, L. (2019). [Natural connections: Social Work's role in mending human and environmental relationships](#). (Unpublished doctoral dissertation). St. Catherine's University-University of St. Thomas, St. Paul, MN.

Prussia, L. (2017). A natural connection: Relational-cultural theory and the environment. In C. Gunderson, D. Graff, & K. Craddock (Eds.) [\*Transforming community: Stories of connection through the lens of Relational-Cultural Theory\*](#) (pp. 303-312). Whole Person Associates.

Rinkel, M. & Powers, M. C. F. (Eds.) (2019). [\*Social work promoting community and environmental sustainability: A workbook for social work practitioners and educators \(Vol.3\)\*](#). International Federation of Social Workers.

Rinkel, M. & Powers, M. (Eds.). (2017). [\*Social work promoting community and environmental sustainability: A workbook for social work practitioners and educators \(Vol.1\)\*](#). International Federation of Social Workers.

Turcotte, S. (n.d.). *Indigenous focusing oriented therapy*. Focusing Initiatives International. <https://focusinginternational.org/about/aboriginal-focusing-oriented-therapy-initiative/>