



COUNCIL ON SOCIAL WORK EDUCATION

NATIONALCOUNCIL
FOR BEHAVIORAL HEALTH



MENTAL HEALTH FIRST AID

www.TheNationalCouncil.org

Integrated Health Social Work Field Placement Project

Social Work Core Competencies & Integrated Healthcare

September 10, 2013



Agenda

NATIONAL COUNCIL
FOR BEHAVIORAL HEALTH

MENTAL HEALTH FIRST AID

www.TheNationalCouncil.org

COUNCIL ON SOCIAL WORK EDUCATION

1. Updates
2. Review of Learning Network Approach & Schedule of Activities (Sept–December 2013)
3. Review of RFP requirements regarding student placement experiences
4. Discussion about how different sites are providing these experiences
5. Next steps

Polling Question: Who is on the call?



1. Please let us know who is on the call by choosing one of the following options:

1. Social Work student
2. School of Social Work field placement supervisor
3. Director of field placements
4. Instructor (Policy course on integration)
5. Instructor (Practice course on integration)
6. Field placement supervisor (behavioral health program)
7. Field placement supervisor(primary care center/FQHC)

Note : If you can check 2 options, choose one and then indicate this in the chat box)



COUNCIL ON SOCIAL WORK EDUCATION

NATIONAL COUNCIL
FOR BEHAVIORAL HEALTH

MENTAL HEALTH FIRST AID

www.TheNationalCouncil.org

What is primary & behavioral healthcare integration?

“...the systematic coordination of physical and behavioral healthcare. The idea is that physical and behavioral health problems often occur at the same time. Integrating services to treat both will yield the best results and be the most acceptable and effective approach for those being served.”

>(Source: Hogg Foundation for Mental Health, Connecting Body & Mind: A Resource Guide to Integrated Health Care in Texas and the U.S. (n.d.). Retrieved from http://www.hogg.utexas.edu/initiatives/integrated_health_care)



COUNCIL ON SOCIAL WORK EDUCATION



NATIONAL COUNCIL
FOR BEHAVIORAL HEALTH

MENTAL HEALTH FIRST AID

www.TheNationalCouncil.org

Why is primary & behavioral healthcare integration important to schools of social work?

Multidisciplinary practice is increasingly the norm in practice settings. Strategies are needed in the academy and in practice settings to ensure that social workers are well prepared to work as part of an interdisciplinary team.

Social Work Policy Institute (2011). Investing in the Social Work Workforce. Washington, DC: National Association of Social Workers.

Levels of Organization Integration



	Minimal Collaboration	Basic Collaboration from a Distance	Basic Collaboration On-Site	Close Collaboration/ Partly Integrated	Fully Integrated
<p>Source: Doherty, McDaniel, & Baird (1996). Five levels of primary care/behavioral healthcare collaboration. Behavioral Healthcare Tomorrow, October.</p>	<ul style="list-style-type: none"> -Separate systems -Separate facilities -Communication is rare -Little appreciation of each other's culture <p><i>"Nobody knows my name" Who are you?</i></p>	<ul style="list-style-type: none"> -Separate systems -Separate facilities -Periodic focused communication; most written -View each other as outside resources -Little understanding of each others' culture or sharing of influence <p><i>"I help your consumers"</i></p>	<ul style="list-style-type: none"> -Separate systems -Same facilities -Regular communication occasionally face-to-face -Some appreciation of each others role and general sense of large picture <p><i>"I am your consultant"</i></p>	<ul style="list-style-type: none"> -Some shared systems -Same facilities -Face-to-Face consultation; coordinated treatment plans -Basic appreciation of each others role and cultures -Collaborative routines difficult; time & operation barriers <p><i>"We are a team in the care of consumers"</i></p>	<ul style="list-style-type: none"> -Shared systems and facilities in seamless bio-psychosocial web -Consumers & providers have same expectations of system(s) -In-depth appreciation of roles and culture -Collaborative routines are regular and smooth <p><i>"Together we teach others how to be a team in care of consumers and design a care system"</i></p>



Background on this initiative

NATIONAL COUNCIL
FOR BEHAVIORAL HEALTH

MENTAL HEALTH FIRST AID

www.TheNationalCouncil.org

Social Work Curriculum Development

- > In January 2012, two federal agencies: Substance Abuse and Mental Health Services Administration (SAMHSA) the Health Resources and Services Administration (HRSA) sponsored the Council on Social Work Education in partnership with the National Association of Deans and Directors of Schools of Social Work, to create a practice and policy course syllabus and curriculum on integrated care.
- > The course materials are freely accessible to all interested schools of social work faculty and students

Beyond the Classroom: Integrated Field Placement

- > New York Community Trust funded an initiative to expand classroom education with a corresponding focused on strengthening the core competencies of social workers via field work in integrated settings.
- > 28 schools of social work and their field placement partners providing integrated care are currently engage in this project to.....
 - » Determine the most effective and practical field placement activities that assist students to learn and apply knowledge and skills that are required to successfully function in an integrated system
 - » Identify, document and disseminate information about the optimal training and field placement experience for social workers

Awardees



SCHOOL NAME	FIELD PLACEMENT SITE
Arizona State University	Scottsdale Healthcare Neighborhood Outreach Access to Health
California State University Chico	Glen County Health Services
California State University Northridge	Tarzana Treatment Centers
California State University, Bakersfield	Kern Medical Center
California State University, East Bay	Alameda County Behavioral Health Care Service Agency, Community Support Centers
Case Western Reserve University	Neighborhood Family Practice
East Carolina University	Family Practice Clinic, Brody School of Medicine
Fordham University	Institute for Family Health & Fordham-Tremont CMHC
Humboldt University	Potawat Health Village
Indiana University	Adult and Child Mental Health Center
New York University	The Institute for Family Health
Ohio State University	Southeast, Inc.
Portland University	Oregon Health Science University, Family Medicine

Awardees



SCHOOL NAME	FIELD PLACEMENT SITE
▪ St Catherine University & University of St Thomas	▪ Open Cities Health Center
▪ Tennessee State University	▪ United Neighborhood Services & Clinic at Mercury Court
▪ University at Albany	▪ Whitney M. Young, Jr. Health Center
▪ University of Denver	▪ Jefferson Center for Mental Health; Axis Health System
▪ University of Illinois Chicago	▪ Lawndale Christian Health Center
▪ University of Illinois Urbana	▪ Community Elements, Inc.
▪ University of Maine	▪ E. Maine Healthcare
▪ University of Maryland	▪ Family Services, Inc.
▪ University of Michigan	▪ Community Health and Social Services Center, Inc.
▪ University of Pittsburgh	▪ UPMC Matilda Theiss Health Center
▪ University of South Florida	▪ Mental Health Care, Inc.
▪ University of Texas at Austin	▪ CommUnity Care of Travis County
▪ Virginia Commonwealth University	▪ The Daily Planet, Inc.
▪ Wayne State University	▪ Southwest Counseling Solutions
▪ Wheelock College	▪ Harbor Health Services, Inc.

Beyond the Classroom: Integrated Field Placement

NATIONAL COUNCIL
FOR BEHAVIORAL HEALTH

USA MENTAL HEALTH FIRST AID

www.TheNationalCouncil.org

- > The outcome of this initial project is to inform and guide faculty, schools of social work, field placement directors and integrated care settings to design future classroom and field placement experiences that successfully prepare social workers for a changing healthcare system.

The Integrated Field Placement Learning Network

NATIONAL COUNCIL
FOR BEHAVIORAL HEALTH

USA MENTAL HEALTH FIRST AID

www.TheNationalCouncil.org



What is it?

- > An opportunity for key participants in the Integrated Field Placement Project to successfully meet the aims of the project by learning from and sharing with their counterpart across the country.
- > The Learning Network utilizes a variety of activities to promote shared learning and problem solving including webinars, small group conference calls, and an interactive list serve.

Why is it important?

- > A Learning network is an effective way to exchange information, improve performance, generate creative solutions and energize participants through social support and social networking.

Tentative timeframe for Learning Network (2013)



May- August 2013

- » Finalizing contracts, distribute awards, update curriculum materials, & other project details

September 2013

- » Informational Webinar # 1: **Social Work Core Competencies** & Integrated Healthcare
- » 60 minute small group conference calls

October 2013

- » Informational Webinar # 2: **Engagement & Connecting Skills**: Motivational Interviewing in an integrated healthcare setting
- » 60 minute small group conference calls

November 2013

- » Informational Webinar # 3: **Health Self- Management**: Interventions & competencies to assist clients to self manage mental health, substance use, & physical health conditions.
- » 60 minute small group conference calls

December 2013

- » Focus group calls with faculty, students, & field placement supervisors

March 2014

- » Publication of White Paper

Integrated Field Placement Expectations



- Behavioral health centers are expected to provide ***all*** of the core competency building experiences.
- Health Centers/FQHC's are expected to provide ***as many of*** the experiences listed in the following slides as possible.
- The key requirement for a health center/FQHC that provides integrated care is the capacity to provide students with the opportunity to screen, assess and address mental health and substance use problems of clients; interface with behavioral health specialists and participate in care management, health promotion and interdisciplinary team activities.

Core Competencies

These are the required field placement experiences designed to increase the students core knowledge and competencies in integrated care

Integrated Field Placement Expectations: Core Competencies

NATIONAL COUNCIL
FOR BEHAVIORAL HEALTH

MENTAL HEALTH FIRST AID

www.TheNationalCouncil.org

1. Observe and conduct, under supervision, a comprehensive integrated biopsychosocial screening and assessment process that addresses mental health, substance use, trauma, and primary care domains.
2. Observe a comprehensive **primary care** screening and assessment (including physical exam) process followed by discussion with the primary care provider on findings and care plan implications.

Integrated Field Placement Expectations

3. In *behavioral health programs*, the student is expected to work with clients individually to address the goals in their service plan including mental health, substance use, trauma, and chronic physical health conditions.

4. In *health centers/FQHC's*, the focus may be on brief solution focused interventions with a larger number of clients (e.g., SBIRT framework) where clients with chronic mental illnesses and/or substance use disorders are referred to a specialty community mental health center/outpt provider for treatment.

Integrated Field Placement Expectations



5. Participate in co-leading a wellness health promotion group that is focused on one or more of the following topics.
 - a. Nutrition and/or exercise
 - b. Substance use condition (e.g., smoking cessation)
 - c. General health literacy (e.g., solutions for wellness curriculum)
 - d. Disease self-management of a specific health condition (e.g., diabetes, asthma, cardiovascular difficulties)
 - e. Healthy lifestyle (focused on illness prevention)
 - f. Addressing the role of trauma in managing health and accessing healthcare

Integrated Field Placement Expectations



6. Have the experience of working alongside a care manager for one or more clients who require the support and assistance of a “health care navigator” to access and make the best use of healthcare services.

This may involve reaching out to other helpers/professionals/providers and/or family members to address health related needs.

Recommended Enhanced Opportunities for Students

- > Tele-medicine
- > Training in use of an electronic record
- > Learning about how to access and use population based data
- > Opportunity to work with a peer specialist
- > Educational opportunities (grand rounds, webinars, in-service training and individual instruction and guidance on one or more of the following topics:
 - > Motivational interviewing
 - > Trauma screening and assessment
 - > Trauma informed care
 - > Social/psychological management of pain
 - > Integrated dual diagnosis treatment
 - > Wellness/health self-management
 - > Family engagement and consultation
 - > Cultural factors in healthcare
 - > Health disparities

Poll Question: For field placement supervisors

How many of the optional training /learning opportunities will you likely make available to your student(s).

1. Very few if any
2. Several
3. Many
4. Most
5. Nearly all

Participants

- Website
 - CSWE website under Centers & Initiatives
<http://www.cswe.org/CentersInitiatives/DataStatistics/58020.aspx>
- Listserv
 - Coming soon! integrated-health@cswe.listpilot.net
- Consultation
 - Contact Jessica or Tramaine

Poll Question



For field placement directors/supervisors, what would you like to learn from other field placement directors/supervisors?

1. Staffing Design/Ratios
2. Policy/Procedures Related to IH or Student Field Placement
3. Exercises/Techniques for Teaching the Project Competencies
4. Billing/Financing IH
5. Use of Data/Population Management
6. Screening & Assessment Tools
7. Other

Poll Question

For students, what would you like to learn from other students?

1. Share/compare clinic work flows
2. Share/compare working with patients/consumers
3. Share/compare working with Primary Care team members
4. Share/compare career planning approaches
5. Other

Poll Question

For professors, what would you like to learn from other professors?

1. Share/compare IH syllabi, readings, and assignments
2. Share/compare classroom teaching approaches
3. Share/compare how to incorporate IH classes into the curriculum
4. Collaborate for research and/or publishing opportunities
5. Other

Exit Poll Question



How important is it for the social work profession to offer students both classroom and field placement experiences in integrated health systems?

1. Extremely important
2. Very important
3. Important
4. Neutral
5. Not that important

Thanks!



NATIONAL COUNCIL
FOR BEHAVIORAL HEALTH

 **MENTAL HEALTH FIRST AID**

www.TheNationalCouncil.org

Next Webinar will be on **October 22, 2013 from 1:00 – 2:00 pm**

Engagement & Connecting Skills: Motivational Interviewing in an integrated healthcare setting

Questions?

Project website:

<http://www.cswe.org/CentersInitiatives/DataStatistics/58020.aspx>

Learning Network Listserv:

Coming later this month!